

## **Position Title:** *Multi-Faith Spiritual Wellness and Well-being Peer Educator*

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### **Position Summary:**

Spirituality is your conscious awareness of a mysterious connection to something of value outside yourself that shapes and guides your life. Spiritual Wellness and Well-being is about taking the time to engage in embodied practices to celebrate, cultivate, and critically reflect upon this dimension of life, alone and in community. For some students, spiritual wellness means participating in organized religion or established faith practices; but for others, spirituality includes meditation/mindfulness, walks in nature, yoga, or other reflexive habits. It's a very personal thing!

As a Multi-Faith Spiritual Wellness and Well-being Peer Educator, your role is to assist in planning and delivering programs and resources to Western undergraduate and graduate students that assist students in learning about and integrating spirituality, faith, and religion into their education and life. If you are a current Western student with an interest in spirituality, faith, and/or religion; are open to broadening your understanding of 'spiritual wellness'; and, keen to share your knowledge with your peers, this position is right for you.

### **What will you gain from this role?**

- Develop in-depth knowledge about specific issues relating to spiritual wellness and well-being
- Enhance your digital engagement and communications skills by disseminating information related to spirituality, faith, and/or religion in a manner that is respectful, inclusive, celebratory, creative, thought-provoking, and accurate.
- Gain interpersonal and teamwork skills as you contribute to the development and implementation of spiritual well-being education initiatives at Western (in-person and online).
- Develop leadership skills and build confidence as a student leader.
- Receive training in specific issues, topics, and questions related to spirituality in a diverse community.
- Be part of a team that advocates for social change
- Meet and work with other students who are passionate about creating an equitable, thriving campus.
- Recognition through Western's Co-Curricular Record.

### **Key Responsibilities:**

- Current opportunities are available in the following areas:
  - a. **Media Production Team Lead:** Through experienced and creative editing, transform raw audio/video recordings into our weekly spirituality podcast episode (both audio and video formats) as well as shorter clips and visuals for social media use. This position is involved pre-, in-, and post-production across multiple forms of media.
    - i. **Special Qualifications:** familiarity with video and audio production software (Logic Pro, Final Cut Pro, Pro Tools, Adobe Creative Suite, etc.); experience editing various video projects and inserting sound effects, music, transitions, and graphics; high level of interpersonal and organizational skills with excellent communication skills and ability to work until tight timelines; access to computer hardware/software able to handle video/audio production.

- b. **Media Production Team:** Assist in the design, recording, editing, and producing of our weekly spirituality podcast.
  - c. **Communications/Social Media Team:** Support the digital presence of multi-faith spiritual wellbeing content and programming options through social media platforms (Instagram, Twitter, Facebook).
  - d. **Programming Team:** Support the planning, designing, and delivering of multi-faith spiritual wellness awareness and programming, etc., working in collaboration with other students, groups, departments, or off-campus agencies. There are two groups to be supported:
    - i. **Multi-faith Scriptural Reasoning** (*Together as fellow human beings, we share our sacred religious texts with each other, not only to hear them again for ourselves but to see ourselves through the eyes of the Other.*)
    - ii. **Love Western** (*Connect with us as we connect on-campus departments with off-campus partners to meet the food needs of our fellow Mustangs. No one should have to live on chicken fingers alone.*)
  - e. **Research Team:** Investigate and design educational content on topics related to spirituality, faith, and/or religion for the purpose of awareness campaigns and programming/event planning.
- Common responsibilities for all students:
    - a. Attend regular meetings with the Multi-Faith Spiritual Wellbeing Education Coordinator, and provide support on projects as required.
    - b. Research and stay current with best practices at postsecondary institutions on multi-faith spirituality education, and on current trends in the field.
    - c. Assist in the creation of program reports with descriptive summaries of all initiatives.

## What do we look for in a multi-faith Spiritual Well-being Peer Educator?

- Strong communication and interpersonal skills; must be people oriented.
- Strong interest in acquiring experience in program coordination and management.
- Ability to demonstrate initiative and dependability. Enthusiasm is a must!
- Interest in enhancing digital and social media content, and public speaking skills.
- Ability to work well independently (curiosity) as well as a team member (cooperation).
- Strong time management skills.
- Strong sense of personal identity and values along with a commitment to equity.
- Strong presentation/facilitation skills or media development.
- Knowledge and comfort discussing spirituality/faith/religion topics.

## Position Requirements:

- Completion of at least one full academic year of higher education.
- Personal dedication to daily wellness practices, including making healthy and responsible lifestyle choices.
- Commitment to serving others in an enthusiastic, engaging, non-judgmental manner.
- Proven reliability with well-developed time management skills.
- Exceptional communication and public speaking skills.
- Empathy and listening skills.
- Equal ability to work productively as a team member and independently.

- Openness to engage with new ideas and skill development.
- Knowledgeable about resources on campus.
- This position is eligible for work study.

## Western Peer Leader Program Requirements:

- General Orientation, Annual Team Meeting, and Annual Recognition Event.
- Complete four mandatory Human Resources (HR) training modules: WHMIS, Health & Safety, Safe Campus, and AODA.
- Submit a Feedback Form each term and a year-end program evaluation to the WPL Program.

## Position Specifics:

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### Term Length:

Fall/Winter Semesters, September 1, 2021 – April 30, 2022

Spring/Summer Semesters, May 1, 2022 – August 31, 2022 (with opportunity for extension)

### Time Commitment:

- Up to 10 hours per week (flexible schedule, flexible hours, remote work possible)

### Training:

- General Orientation (via Western Peer Leaders)
- Human Resources training modules (four in total)
- Position-specific training (arranged by direct supervisor)

### Reports to:

Multi-Faith Spiritual Wellness and Well-being Education Coordinator

### Application Methods:

1. Login to [Western Connect](#), and navigate to the [Western Peer Leader posting boards](#) to find this job posting and instructions on how to apply (ex. Uploading/emailing required application documents or redirecting to the [Working at Western](#) website), OR
2. Email a 1-page letter of application and a 1-page resume to [mwagenman@uwo.ca](mailto:mwagenman@uwo.ca).

### Western Values Diversity:

The University invites applications from all qualified individuals. Western is committed to employment equity and diversity in the workplace and welcomes applications from women, members of racialized groups/visible minorities, Aboriginal persons, persons with disabilities, persons of any sexual orientation, and persons of any gender identity or gender expression. Accommodations are available for applicants with disabilities throughout the recruitment process. If you require accommodations for interviews or other meetings, please contact our Administrative Officer at [ralary@uwo.ca](mailto:ralary@uwo.ca) or phone 519.661.1111 (89081).